

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Nurkin John Webster</u> (Last) (First) (Middle) C/O SPX TECHNOLOGIES, INC. 6325 ARDREY KELL ROAD, SUITE 400 (Street) CHARLOTTE NC 28277 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>SPX Technologies, Inc. [SPXC]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ Officer (give title below) _____ Other (specify below) _____ X VP, GEN. COUNSEL & SECRETARY
	3. Date of Earliest Transaction (Month/Day/Year) 02/01/2023	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	02/01/2023		M		7,757	A	\$12.85	86,741 ⁽¹⁾	D	
Common Stock	02/01/2023		M		3,374	A	\$27.4	90,115 ⁽¹⁾	D	
Common Stock	02/01/2023		S ⁽²⁾		7,757	D	\$74.9	82,358 ⁽¹⁾	D	
Common Stock	02/01/2023		S ⁽²⁾		3,374	D	\$74.89	78,984 ⁽¹⁾	D	
Common Stock								21,967	I	401 (k) Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Employee stock option to purchase common stock	\$27.4	02/01/2023		M			3,374	03/01/2020 ⁽³⁾	03/01/2027	Common Stock	3,374	\$0	6,750	D	
Employee stock option to purchase common stock	\$12.85	02/01/2023		M			7,757	03/02/2019 ⁽⁴⁾	03/02/2026	Common Stock	7,757	\$0	15,514	D	
Employee stock option to purchase common stock	\$32.69							02/22/2021 ⁽⁵⁾	02/22/2028	Common Stock	11,778		11,778	D	
Employee stock option to purchase common stock	\$36.51							02/21/2022 ⁽⁶⁾	02/21/2029	Common Stock	11,189		11,189	D	
Employee stock option to purchase common stock	\$50.09							02/20/2023 ⁽⁷⁾	02/20/2030	Common Stock	7,527		7,527	D	
Employee stock option to purchase common stock	\$58.34							03/01/2024 ⁽⁸⁾	03/01/2031	Common Stock	6,365		6,365	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee stock option to purchase common stock	\$48.97							03/01/2025 ⁽⁹⁾	03/01/2032	Common Stock	6,789		6,789	D	

Explanation of Responses:

1. Includes unvested restricted stock units.
2. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 19, 2022.
3. Vests in three equal installments beginning on March 1, 2018.
4. Vests in three equal installments beginning on March 2, 2017.
5. Vests in three equal installments beginning on February 22, 2019.
6. Vests in three equal installments beginning on February 21, 2020.
7. Vests in three equal installments beginning on February 20, 2021.
8. Vests in three equal installments beginning on March 1, 2022.
9. Vests in three equal installments beginning on March 1, 2023.

/s/ John Nurkin

02/03/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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