FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* McClenaghan Sean						2. Issuer Name and Ticker or Trading Symbol SPX Technologies, Inc. [SPXC]									(Che	ck all applic	cable) or	g Pers	son(s) to Iss 10% Ov	vner	
(Last) (First) (Middle) C/O SPX TECHNOLOGIES, INC.						3. Date of Earliest Transaction (Month/Day/Year) 02/01/2023									_	X Officer (give title Other (specify below) PRESIDENT, GLOBAL COOLING					
(Street) CHARLOTTE NC 28277 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)										Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D						action 2A. De Execu			te,	3. 4. Secur Transaction Dispose Code (Instr. 5)			of, or Beneficia ities Acquired (A) or d Of (D) (Instr. 3, 4 an			5. Amount of Securities Beneficially		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial	
								(Month/Day/Year)		8) Code	v	Amount (or	Price	Reported Transact	Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership (Instr. 4)	
Common Stock 03/						01/2023				A ⁽¹⁾		7,740	0	A	(1)	16,6	16,623(2)		D		
Common Stock																7	79			401 (k) Plan	
			Table II -									sed of, onvertil				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemee Execution I if any (Month/Day	Date,	Code (Ir		tion of E			ate Exer iration I nth/Day	Date	le and 7. Title ar of Securi Underlyir Derivativ (Instr. 3 a		rities ring ive Se	curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indirect (I) (Instr.		Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exer	e rcisable		xpiration ate	Title	OI No	umber						
Employee stock option to purchase common stock	\$71.93	03/01/2023			A ⁽³⁾		5,948		03/0	1/2026 ⁽	4) 03	3/01/2033	Commo Stock		5,948	(3)	5,948	3	D		
Employee stock option to purchase common	\$55.22								10/0	01/2025 ⁽⁾	5) 10	0/01/2032	Commo Stock		0,585		20,583	5	D		

Explanation of Responses:

- 1. Grant of restricted stock units under the SPX 2019 Stock Compensation Plan.
- 2. Includes unvested restricted stock units.
- 3. Grant of stock options pursuant to the SPX 2019 Stock Compensation Plan.
- 4. Vests in three equal installments beginning on March 1, 2024.
- 5. Vests in three equal installments beginning on October 1, 2023.

/s/ John Nurkin, Attorney in Fact for Sean McClenaghan

03/03/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.