SEC Form 4										
FORM 4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHANGES IN BENEFICIAL OWNE	RSHIP								
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									
	* 2 Josuar Nama and Ticker or Trading Symbol	E Bolationship								

OMB APPROVAL									
OMB Number: 3235-02									
Estimated average burden									
hours per response:	0.5								

1. Name and Address of Reporting Person* Lowe Eugene Joseph III						2. Issuer Name and Ticker or Trading Symbol <u>SPX Technologies, Inc.</u> [SPXC]									(Che X	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner y Officer (give title Other (specify				
(Last)(First)(Middle)3. Date of Earliest Transaction (Month/Day/Year)C/O SPX TECHNOLOGIES, INC.02/20/20236325 ARDREY KELL ROAD, SUITE 40002/20/2023													below)	ESIDEN	IT AI	below)	specify			
(Street)	OTTE N	- 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person							
(City)	(S	State)	(Zip)		-											Form fil Person		re thar	I One Repo	rting
	(-		ble I - No	n-Deri	ivativ	ve S	ecuri	ties	Acqu	uired, I	Dis	posed c	of, o	r Ben	eficially	Owned				
1. Title of	Security (Ins	tr. 3)		2. Tran Date (Month			2A. De Execu if any (Monti	tion Da	ate,	3. Transac Code (Ir 8)		4. Securi Disposed			(A) or 3, 4 and 5)	Beneficia Owned F	s Ily ollowing	Form (D) o	Direct	7. Nature of Indirect Beneficial Ownership
										Code	v	Amount	(A) or (D) PI		Price	Transacti	 Reported Transaction(s) (Instr. 3 and 4) 			(Instr. 4)
Common	Stock			02/2	20/20	23				A ⁽¹⁾		37,93	3	Α	(1)	491,2	270 ⁽²⁾		D	
Common				<u> </u>		/2023				F ⁽³⁾		19,803 D			\$73.56		,467 ⁽²⁾		D	
Common	Stock			02/2	20/20	23				F ⁽³⁾		3,240	240 D		\$73.56	468,2	227 ⁽²⁾	D		401 (k)
Common	Stock															4,7	731			Plan
			Table II -									osed of onverti				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day	Date,	4. Transa Code (8)		n of Ex		Expi	Date Exercisable a piration Date of the piration Date of the piration of the piration of the pirate		e and	7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		s ecurity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exer	cisable		xpiration ate	Title		Amount or Number of Shares					
Employee stock option to purchase common stock	\$12.36								10/1	.3/2018 ⁽⁴⁾	1	0/13/2025		mon ock	332,673		332,6	73	D	
Employee stock option to purchase common stock	\$21.16								01/0	02/2018 ⁽⁵⁾	0	1/02/2025		imon ock	45,776		45,77	76	D	
Employee stock option to purchase common stock	\$12.85								03/0	02/2019 ⁽⁶⁾	0	3/02/2026		mon ock	186,919		186,9	19	D	
Employee stock option to purchase common stock	\$27.4								03/0)1/2020 ⁽⁷⁾	0:	3/01/2027		imon ock	82,405		82,40)5	D	
Employee stock option to purchase common stock	\$32.69								02/2	22/2021 ⁽⁸⁾	0	2/22/2028		imon ock	72,298		72,29	98	D	
Employee stock option to purchase common stock	\$36.51								02/2	21/2022 ⁽⁹⁾	0:	2/21/2029		imon ock	77,463		77,46	53	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		Transaction of Code (Instr. Derivative			6. Date Exercis Expiration Date (Month/Day/Yea)	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee stock option to purchase common stock	\$50.09							02/20/2023 ⁽¹⁰⁾	02/20/2030	Common Stock	53,465		53,465	D	
Employee stock option to purchase common stock	\$58.34							03/01/2024 ⁽¹¹⁾	03/01/2031	Common Stock	46,291		46,291	D	
Employee stock option to purchase common stock	\$48.97							03/01/2025 ⁽¹²⁾	03/01/2032	Common Stock	49,378		49,378	D	

Explanation of Responses:

1. Grant of shares under the SPX 2019 Stock Compensation Plan for achievement of performance for the 2020-2022 performance period.

2. Includes unvested restricted stock units.

3. Shares delivered to the issuer for the payment of withholding taxes due upon the vesting of restricted stock units previously granted under the SPX 2019 Stock Compensation Plan.

4. Vests as to 100% of the shares on the third anniversary of the grant date.

5. Vests in three equal installments beginning on January 2, 2016.

6. Vests in three equal installments beginning on March 2, 2017.

7. Vests in three equal installments beginning on March 1, 2018.

8. Vests in three equal installments beginning on February 22, 2019.

9. Vests in three equal installments beginning on February 21, 2020.

10. Vests in three equal installments beginning on February 20, 2021.

11. Vests in three equal installments beginning on March 1, 2022.

12. Vests in three equal installments beginning on March 1, 2023.

<u>/s/ John Nurkin, Attorney in</u> Fact for Eugene Joseph Lowe

III

02/22/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.