FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP hours per response obligations may continue. See Instruction 1(b) Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person (Check all applicable) <u>SPX Technologies, Inc.</u> [SPXC] Toth Robert B Director 10% Owner 3. Date of Earliest Transaction (Month/Dav/Year) Officer (give title Other (specify 05/09/2023 below) below) (Last) (First) (Middle) C/O SPX TECHNOLOGIES, INC. 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) 6325 ARDREY KELL ROAD, SUITE 400 Form filed by One Reporting Person Form filed by More than One Reporting (Street) Person CHARLOTTE NC 28277 Rule 10b5-1(c) Transaction Indication (City) (State) (Zip) Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 6. Ownership Form: Direct 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 5. Amount of Date (Month/Day/Year) Execution Date, Transaction Securities Beneficially if anv Code (Instr. and 5) (D) or (Month/Day/Year) Owned Following 8) Indirect (I) (Instr. 4) Reported (A) or (D) Transaction(s) Code v Amount Price (Instr. 3 and 4) Common Stock 05/09/2023 A⁽¹⁾ 1,770 A 23,002(2) D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1 Title of 3. Transaction 34 Deemed 6. Date Exercisable and 7 Title and 8. Price of 9. Number of 10 Expiration Date (Month/Day/Year) Execution Date, Conversion Transaction Number Amount of Derivative Ownership Derivative derivative Date (Month/Dav/Year) Security or Exercise if any Code (Instr. Securities Security Securities Form: of (Instr. 3) Price of (Month/Day/Year) 8) Derivative Underlying (Instr. 5) Beneficially Direct (D) Derivative Securities Derivative Owned or Indirect Security (Instr. 3 and 4) (I) (Instr. 4) Security Acquired Following Reported (A) or Disposed Transaction(s) of (D) (Instr. 3, 4 (Instr. 4) ànd 5) Amount Number Date Expiration Code v (A) (D) Exercisable Date Title Shares Explanation of Responses: 1 Grant of restricted stock units under the SPX 2019 Stock Compensation Plan 2. Includes unvested restricted stock units /s/ John Nurkin, Attorney in

Fact for Robert B. Toth

05/11/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden 0.5

7. Nature

of Indirect

Beneficial

Ownership

11 Nature

of Indirect

Beneficial

Ownership

(Instr. 4)

(Instr. 4)

Check this box if no longer subject to Section 16. Form 4 or Form 5