FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response	: 0.5							

	Check this box if no longer subject
$\overline{}$	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							- ()				ilpariy Act c								
Name and Address of Reporting Person* PUCKETT RICK D				2. Issuer Name and Ticker or Trading Symbol SPX Technologies, Inc. [SPXC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
TOCKETT KICK D														X	X Director			10% Ov	vner
(Last)	(F	irst) (N	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/09/2023								Office belov	er (give title v)		Other (s below)	specify		
C/O SPX TECHNOLOGIES, INC.					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
6325 ARDREY KELL ROAD, SUITE 400												Line)							
(Street)												, A	Form filed by One Reporting Person Form filed by More than One Reporting Person						
CHARLOTTE NC 28277				Dule 10hC 1(a) Transportion Indication															
,					Rule 10b5-1(c) Transaction Indication														
(City)	(S	tate) (Z	Zip)		Check this box to indicate that a transaction was made pursuant to a contract, instruction of satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.								ruction or wr	itten pla	an that is into	ended to			
		Table	I - Nor	n-Derivat	tive Se	ecur	ities	Acq	uired, I	Disp	osed of	, or	Benef	ficiall	y Owr	ned			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)				Execution In Execu		ution Date,		Transaction Disposed Of (D Code (Instr. and 5)			es Acquired (A) o Of (D) (Instr. 3, 4			5. Amo Securi Benefi Owned Follow	ties cially l ing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount	(A (D) or P	rice		ted action(s) 3 and 4)					
Common Stock 05/09/2					2023			A ⁽¹⁾		1,770	770 A		(1)	38,703(2)			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		tion Date,	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		De Se (In:	Price of rivative curity str. 5)	tive derivative ty Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amou or Numb of Share	er					

Explanation of Responses:

- 1. Grant of restricted stock units under the SPX 2019 Stock Compensation Plan.
- 2. Includes unvested restricted stock units.

/s/ John Nurkin, Attorney in Fact for Ricky David Puckett

05/11/2023

** Signature of Reporting Person Da

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.