## FORM 4

### UN

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

IITED STATES SECURITIES AND EXCHANGE COMMISSIC	)N
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OMB APPROVAL 37

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre	. 0		2. Issuer Name <b>and</b> Ticker or Trading Symbol SPX Technologies, Inc. [SPXC]	Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director
(Last) C/O SPX TECH 6325 ARDREY			3. Date of Earliest Transaction (Month/Day/Year) 11/25/2024	PRES., DETECTION & MEASUREMENT
(Street) CHARLOTTE (City)	HARLOTTE NC 28277		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)  Form filed by One Reporting Person  Form filed by More than One Reporting Person
(,)	(5.5.3)		erivative Securities Acquired, Disposed of, or Bene	 eficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11130. 4)
Common Stock	11/25/2024		G		1,383	D	\$0	81,501(1)	D	
Common Stock								4,115	I	401 (k) Plan

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 7. Title and Amount of Securities Underlying Derivative Security 6. Date Exercisable and Expiration Date (Month/Day/Year) 1. Title of Derivative 3. Transaction Date 3A. Deemed Execution Date, 8. Price of Derivative 9. Number of derivative 10. Ownership 11. Nature of Indirect 5. Number 4. Transaction Conversion (Month/Day/Year) if any (Month/Day/Year) Derivative or Exercise Price of Derivative Security Securities Beneficially Owned Following Form: Direct (D) or Indirect (I) (Instr. 4) Beneficial Ownership (Instr. 4) Security (Instr. 3) Security (Instr. 5) Code (Instr. Securities Acquired (A) or Disposed 8) (Instr. 3 and 4) Reported Transaction(s) of (D)

					(Instr. 3, 4 and 5)						(Instr. 4)	.	
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
Employee stock option to purchase common stock	\$50.09						02/20/2023 <sup>(2)</sup>	02/20/2030	Common Stock	10,552	10,552	D	
Employee stock option to purchase common stock	\$58.34						03/01/2024 <sup>(3)</sup>	03/01/2031	Common Stock	8,101	8,101	D	
Employee stock option to purchase common stock	\$48.97						03/01/2025 <sup>(4)</sup>	03/01/2032	Common Stock	8,641	8,641	D	
Employee stock option to purchase common stock	\$71.93						03/01/2026 <sup>(5)</sup>	03/01/2033	Common Stock	5,948	5,948	D	
Employee stock option to purchase common stock	\$116.4						02/28/2027 <sup>(6)</sup>	02/28/2034	Common Stock	4,215	4,215	D	

# Explanation of Responses:

- 1. Includes unvested restricted stock units
- 2. Vests in three equal installments beginning on February 20, 2021.
- 3. Vests in three equal installments beginning on March 1, 2022.
- 4. Vests in three equal installments beginning on March 1, 2023

- 5. Vests in three equal installments beginning on March 1, 2024.
- 6. Vests in three equal installments beginning on February 28, 2027.

/s/ Cheree H. Johnson, Attorney in Fact for John William Swann, III

11/27/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

### **LIMITED POWER OF ATTORNEY**

The undersigned, John William Swann, III, hereby appoints each of Cherée H. Johnson, Caroline Prescott and Coleman Wombwell, signing singly, as attorney-in-fact to act for the undersigned and in the name of the undersigned solely to do all or any of the following:

- 1. To execute and file with the Securities and Exchange Commission all statements regarding the undersigned's beneficial ownership of securities of SPX Technologies, Inc. filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 and any Notice of Proposed Sale of Securities on Form 144 in accordance with Rule 144 under the Securities Act of 1933;
- 2. To execute all necessary instruments to carry out and perform any of the powers stated above, and to do any other acts requisite to carrying out such powers, including without limitation the filing of a Form ID or any other documents necessary or appropriate to enable the undersigned to file the Forms 3, 4 and 5 and Form 144 electronically with the SEC.

None of Cherée H. Johnson, Caroline Prescott or Coleman Wombwell shall incur any liability to the undersigned for acting or refraining from acting under this power. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is SPX Technologies, Inc. assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934 or Rule 144 of the Securities Act of 1933.

Any reproduced copy of this signed original shall be deemed to be an original counterpart of this Power of Attorney. This Power of Attorney is governed by Delaware law.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file statements pursuant to Section 16(a) of the Securities Exchange Act of 1934 with respect to the undersigned's beneficial ownership of securities of SPX Technologies, Inc. or any Forms 144 with respect to transactions in such securities, unless earlier revoked. This Power of Attorney shall terminate with respect to any attorney-in-fact upon receipt by Cherée H. Johnson, Caroline Prescott or Coleman Wombwell, as the case may be, from the undersigned of a written notice of revocation of this Power of Attorney or, if earlier, at such time such attorney-in-fact is no longer employed by SPX Technologies, Inc. or K&L Gates LLP, as applicable. The undersigned shall have the right to revoke this Power of Attorney at any time. Any previous Power of Attorney covering the subject matter hereof is hereby revoked effective the date hereof.

*IN WITNESS WHEREOF*, the undersigned has executed this Power of Attorney this 27<sup>th</sup> day of August 2024.

By: \_\_/s/ John William Swann, III\_\_\_\_ Name: John William Swann, III